

# Weaving Hope into every day

At the Community of Hopeweavers, based just outside Southampton, we hold space for people to meet with God in stillness. Since 2007, we have offered a range of quiet days and explore creativity as part of our response to God.

## **Making a simple Hopeweaver weaving**

1. Choose a simple card and some strips of fabric or paper...
2. Begin to weave the strips in and out through the strings of a simple card loom – an under and over pattern which looks a bit like brick work when finished...if using paper you could add words that say something to you about your current concerns...or about the HOPE that God can weave into our everyday lives.
3. As you weave, think about how our lives can be both dark and difficult at times but also places to experience brightness and light and HOPE ... some find it helpful to choose colours and textures to reflect these experiences...
4. As you weave, you could have a conversation with God about the process, or about whatever is on your heart today.
5. Some people leave their weavings on the card but if you would like to remove yours ... flip the card over and cut the strings through the middle. Tie pairs with a simple knot on each edge – a bit like the fringing on a rug or blanket. See the examples as a guide.
6. Over the years, we have been amazed by the variety of weavings produced by our guests. Do not worry if your weaving does not look the same as your neighbours. We are each unique and our creative work will reflect this. No two weavings are ever the same!

# weaving

- choose some strips of recycled fabric, paper, string, and weave them in and out through the warp strings of a simple card loom ...
- think about the textures and colours that you have chosen...and in this time of quiet, consider your own experience of God...
- as you weave, think about how our lives can be difficult at times but also places to experience brightness and light ...
- ponder this gift of silence and space ... and focus upon the hope that God can weave into our everyday lives.

Notes compiled by the team at  
[www.hopeweavers.co.uk](http://www.hopeweavers.co.uk)